

# UNDERSTANDING SELF & OTHERS THROUGH MBTI



## OBJECTIVES

- To understand individual personality type, using MBTI
- To understand personal preferences, behavior, emotions and decision making
- Essential communication skills
- To learn key skills in mediating, facilitation and structured conflict resolution
- To use one's strength to leverage on Win Win situation
- Conflict Management Essentials
- Enhance positive outlook and cooperation
- Understanding Goals and How to achieve it.
- Employee Engagement

## COURSE OUTLINE

- Understanding Self and Team
- Conflict Resolution and Change Management
- Building Culture
- Personnel Action Plan (Winning Edge and Work Culture)

## WHO SHOULD ATTEND?

All Executive Level,  
Manager Level & All  
staff



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