



INDUSTRIAL FIRST AID AND CPR TRAINING



Course Overview

Accident and Emergencies can happen anywhere and any time. The likelihood of this happening in the work place increases significantly especially when the work involved in hazardous and dangerous. Loss of productive time, personnel and money is a very well recognized aftermath.

Casualties succumb to their injuries before they reach medical facility and the company loses its most skillful, productive hand. Fortunately this is preventable with proper training. Proper handling of accident victims contribute significantly to the final out for this victim. It is for this reasons we propose the Occupational Emergency First Aid, Cardiopulmonary Resuscitation (CPR) and Basic Emergency First Response Team program for your organization.

Course Objective

The Aims of this program is to equip participants with knowledge and skill on First Aid, CPR or Emergency Response and AED(optional) to able them to deal with common injuries and life – saving skills at workplace.

Able to deliver emergency care services as a first aider or emergency response team skillfully in your organization.

Learn from the best! Mr Sukumaran

Sukumaran is a qualified trainer in Cardio Pulmonary Resuscitation and Industrial First Aid. He is formerly attached to the Accident and Emergency Department of Hospital Sultanah Aminah Johor Bahru. He was also the acting head og unit of the department from 2001 to 2003.He is presently attached to International Murphy Oil Corporation (M) Sdn.Bhd. specialising in medical evacuation of patients.

He carries with him about 31 years in emergency medical, especially in emergency response, preventive and therapeutic emergency management. During these years Sukumaran exposed himself in areas of paramedic activity in the hospital and also in public services and NGO.

His strong dedication in saving lives has given him the drive to devote himself to train the public and the hospitality industry in saving lives.He is also certified for Automated External Defibrillator (AED

He is also presently the associate trainer in Industrial First Aid and emergency response for a number of safety consultants, among them Alliance Safety, SHE Resources, Malaysia Association of Hotels and Info niche Consultancy.

He is a Basic and Advanced Life Support Instructor with the Ministry of Health. He has attended Paediatric Advanced Life Support and Neonate (infant) and child Life Support courses. He was an instructor at Hospital Sultanah Aminah Johor Bahru. He has also run courses for the Fire and Rescue Department, Civil Defence and the Police Department. He was the trainer for the Radiotherapy students of the Radiotherapy Department of Hospital Sultanah Aminah, Johor Bahru

His training methods are very innovative, mostly practical based and tailor-made for the industry with maximum involvement of the participants.





Are you prepared?

Get trained in First Aid & CPR Training and you may save a life!

Day 1

Module 1: Scope of First Aid

- 1.1 What is first aid
- 1.2 Qualities of a First Aider
- 1.3 Primary Survey –ABC
- 1.4 Secondary Survey – Head to Toe Examination
- 1.5 Diagnostic signs of a victim
- 1.6 Flow chart for a good First Aider

Module 2: Human Anatomy

- 2.1 Skeletal structure
- 2.2 Vital body organs

Module 3: Circulation System

- 3.1 Components of the system
- 3.2 Mechanism of respiration

Module 4: Wounds / Bleeding

- 4.1 Types
- 4.2 Causes
- 4.3 Management
- 4.4 Bleeding from special regions-ear / nose / etc.

Module 5: Fractures / Dislocation / Sport Injuries

- 5.1 Types
- 5.2 Causes
- 5.3 Signs & Symptoms
- 5.4 Management
- 5.5 Injuries to joint – sprain / strain
- 5.6 Common sporting injuries

Module 6: Dressing & Bandages

- 6.1 Types
- 6.2 Usage
- 6.3 Improvisation in bandaging technique

Module: 7: Burns/Scalds/Electrocution

- 7.1 Degree
- 7.2 Causes
- 7.3 Signs & symptoms
- 7.4 Management

Day 2

Module 8: Cardio Pulmonary Resuscitation

- 8.1 Video presentation
- 8.2 Slide Presentation
- 8.3 One man rescuer
- 8.4 Foreign body airway obstruction (Adult and infant)
- 8.5 CPR Infant
- 8.6 Practical training
- 8.7 Defibrillater Training(AED)(OPTIONAL)
- 8.8 Bag valve mask

Module 9: Medico-legal implications

Module 10: Transportation of Patient

Module 11: Drowning / near drowning

Module 12: Poisoning and first aid management

Module 13: First Responder Management (Practical)

Module 14: MCQ (Multiple Choice Questions)



HOW TO REGISTER?

Every participant including accompanying persons must be registered in order to attend this workshop. Due to limited capacity at the venue, we recommend that you register as soon as possible.

Drop us an email to get full brochure & registration form.

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